



**FACULTY OF COMMERCE & MANAGEMENT  
INTEGRAL UNIVERSITY, LUCKNOW**

**Department of Commerce**

Ref.No. IU/Comm/Fcm/Notice/2024/04

**Date: 23rd February'2024**

**NOTICE**

All the faculty Members and Students are hereby informed you that the Department of Commerce is organizing a **Fireless Cooking competition** on the occasion of Fiesta that is on **29<sup>th</sup> February 2024**, Thursday at the Food Beverage service lab. The objective of the Event is to foster their creativity and decision-making skills and also help them explore their hidden talents and discover new areas of interest. The students can contact the Program Coordinator.

**Mr Vidit Srivastava.**

**Ms Amisha Srivastava**

  
**Prof. Adeel Maqbool**  
**Dean, FCM**

**Prof. Syed Shahid Mazhar**  
**Head, DCBM**





## **FACULTY OF COMMERCE AND BUSINESS MANAGEMENT**

Organizes

### **FIRELESS COOKING COMPETITION**



## **HOTEL MANAGEMENT**

ON

**Date: 29/02/24 AT 10:00 AM**

**Venue: Bachelor of Hotel Management: Food and Beverage Lab**

No Registration fees to participate For Registration fill in the link below or scan the QR CODE

<https://forms.gle/EFYCTmKm1k4WKTa66>

### **GUIDELINES**

1. There should be two members of the team.
2. Students are required to bring their own ingredients for making their dishes.
3. Students can also carry their own designer plates for keeping their dishes.
4. Some basic types of equipment will be provided to the students like spoons, forks, plates, bowls, and mixing bowl chopping boards which will be on a first come first served basis.
5. All of them need to bring their dish tag i.e., the name of their dish printed on paper.
6. Winners will be getting certificates and mementos.
7. Time Limit 2 hrs.

### **Judgement Criteria**

1. Innovation
2. Presentation
3. Hygiene
4. Minimum wastage

### **FACULTY COORDINATOR**

1. MR. VIDIT

2. MS AMISHA

**Report on  
Fireless Cooking Competition.**

**Organized In**

**Faculty of Commerce & Management**

**By Hotel Management Students**

Under the banner of Integral University Lucknow, a Fireless Cooking Competition was organized for Integral University Students on 29th February 2024 At Bachelor Of Hotel Management lab. To provide a platform for the students to foster their creativity and decision-making skills and also help them explore their hidden talents and discover new areas of interest. The students enjoyed the day by enthusiastically taking part in this fun learning package. The event gave a platform to the students to demonstrate their culinary knowledge and skills related to developing and following a recipe, preparing a dish, and displaying the dish before a judging panel where it will be evaluated on flavor, taste, and palatability. Overall 13 teams participated in the competition, from. In all 26 students participated wholeheartedly in the event. Their efforts were evaluated based on five parameters: a) Dish name, b) Taste, c) Presentation, d) Calorie content, and e) Hygiene. Participants infused lots of creativity and served delicious eatables to enhance the taste buds. Here the participant had to prepare an eatable without using the fire. So the participants served plates of Bhel puri, Chaat, sandwiches, shakes, Mojito, Chocolate lollipops, Vegetable sushi, cakes and many more. The competition started at 11:30a.m Sharp. Two hours were given for preparation and 5 minutes for presentation. As the Opening Inaugural for this event was done by Prof. Aqil Ahmad Pro Vice Chancellor Integral University, Lucknow, Prof. Monowar Alam Khalid. Dean, Students' Welfare, Integral University, Lucknow and Prof. Adeel Maqbool, Vice-Dean, Faculty of Commerce and Management, Integral University, Judging panel composed of, Dr. Farhina Sardar Khan, Dr. Rizwana Atiq and Dr. Orooj Siddiqui. It was a tough time for them to come up with the result. Every team gave a tough competition to others. Hence there was a tie in the overall winner category as well as individual. The event was organized under the leadership of organized under the supervision of the Vice-Dean of the Faculty of

Commerce and Management, Prof. Adeel Maqbool, and HOD of the Department of Management, Prof. S.S. Mazhar. The event was coordinated by Mr. Vidit Srivastava and Ms. Amisha, faculty members of Commerce and Management. Prof. Monowar Alam Khalid, Dean, Students' Welfare, Integral University, Lucknow and Prof. Adeel Maqbool, Vice-Dean, Faculty of Commerce and Management, Integral University, Lucknow expressed their gratitude for the successful completion of the event.

There was a tie between two teams. All Participants were awarded with Certificates & Winners with Prizes too. Winners were also declared based on individual evaluation parameters.

**The results were:**

**Winners:**

1. Raziya Fatima 1.Amriya Fatma( Bachelor of Hotel Management)
1. Shariq 1.Afzaal Ahmad ( Bachelor of Hotel Management)
2. Zeenat Khan 2.Talat Fatima( Bachelor of Commerce)
3. Umme Aiman 3.Syed Mohd Arsalan ( Bachelor of Optometry)

**Rules for fireless cooking competition**

1. Participants should not bring any pre-cooked items.
2. Pre-registration mandatory
3. Two members should be in a team to participate in the event.
4. Participants are supposed to display a chart having the name, ingredients and calorie count each dish they have prepared.
5. All the items required for cooking should be brought by the participants themselves, including water, Only working table will be provided.
6. Dishes should be purely vegetarian.
7. Participants should not bring any cut, chopped or grates raw materials. They should process it on the spot within allotted time.

8. The evaluation will be based on the taste of the dish, nutritional level, cleanliness and presentation, unique name of the dish



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S.no	Name	Course	Enrolment no.	Signature
	Raziya	BHM	2300104424	Raziya
	Amriya	BHM	2300100377	Amriya
	Zoya Fatima	B.Com	2300102535	ZFatima
	Zoya Naaz	B.Com	2300123525	Zoyanaz
	Sahana Muskan	B.Com	2300100666	Sahana
	Anamta Moin	B.Com	230066561	Anamta
	Saureen Shaikh	MBA	230010666	SSaikh
	Nishka Kumar	M.Com	2300101056	Nishka
	Bushra Khan	B.Com	2100102168	Bushra
	Syed. Arsalan	B.Opt	2200100986	Arsalan
	Ume Aiman	B.Opt	2200102267	UmeAiman
	Muskan	BHM	2300100152	Muskan
	Alok Kumar	BHM	2300104904	Alok
	Nagma Khatun	MBA	2200106676	NKhatun
	Mariyam Rahman	M.Opt	2200103113	MariamRahman
	Omama Majeed	B.Opt	2200103072	Omama
	Arbiya Sadaf	Law	2200100411	Arbiya
	Shafquat Fatima	Law	2200100412	Shafquat
	Jasmine Khan	B.A. in	2100103219	Jasmine Khan
	Ayushi Shukla	English	210032916	Ayushi Shukla
	Syed Afzaal	BHM	2300102630	Afzaal
	Mohd Sharif	BHM	2300100000	Mohd, Sharif
	Zeenat Khan	B.Com	2100101796	Zeenat Khan
	Talbat Fatima	B.Com	2300615696	Talbat fatima